

YOGA PROGRAMME

DATE:09.02.2024

PLACE:GANGALERI



On this occasion, **Mr. M.L.LAXMANAN**, Head of the Village, Gangaleri and **Dr.M.Venkatesan** Distict Education officer (Personal Assistant) **Krishnagiri**. NSS Volunteers and Village People were actively participated in Yoga Programme at Gangaleri village.

AWARENESS ON SCIENTIFIC LEARNING

BY Mr.SIVAKUMAR, M.Sc., M.Phil.,

DATE:09.02.2024

PLACE:GANGALERI



Mr. Siva Kumar, Asst. Prof & Head of the Chemistry Department, Arignar Anna College (Arts & Science), Krishnagiri. Delivered a deliberated speech on “The Necessity on Scientific Learning”.

In his speech, he stressed that Scientific education is most important to society because a person who is educated can develop the technology values through Scientific in society. In helps to spread the knowledge in society through carry mode. It makes bonding the relationship of Science and Learning through the society. Every nation should encourage their people to learn the Scientific education. Scientific Learning is a source of knowledge to create and destroy the world.

MORNING YOGA PERFORMED BY NSS STUDENTS

DATE:10.02.2024

PLACE:GANGALERI





The day began with Jogging, exercises and yoga. This was a regular activity under take the days of the Camp. NSS volunteers practiced and learned yoga to get mental and physical strength in daily life.

**AWARNESS OF DEVELOPING POSITIVE THINKING SESSION
BY J.C.KOVENDHAN**

DATE:10.02.2024

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JC. Kovendhan, resource Person for the Session. He conducted a interactive session for NSS Volunteers on the topic Developing of Positive Thinking. All the Programme Officers and Students (Volunteers) take oath to apply this thought in their life.

Practice these simple exercises and suggestions to keep your thoughts on the positive side.

1. Only use positive words when talking.
2. Push out all feelings that aren't positive.
3. Use words that evoke strength and success.
4. Practice positive affirmation.
5. Direct your thoughts.

6. Believe you will succeed.
7. Analyze what went wrong.

**A SESSION ON SOCIAL AND SCIENCE AWARENESS DRAMA BY
Mr.SANKAR, SECRETARY, TAMIL NADU SCIENCE FORUM
KRISHNAGIRI.**

DATE:10.02.2024

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Mr. Sankar Secretary, Tamil Nadu Science Forum, Krishnagiri preside over and give a special speech on social and Science awareness for youth's. In his session a concept based awareness program was held for the youth's at Gangaleri village. In modern times, the clean growth of a country cannot be imagined without science and technology. Different inventions of science have made our everyday life simple and stress-free as well. He noticed youth's need to excel in Daily Exercise, interest in sports, Clean India, Rainwater harvesting

etc., He also talked about Women's rights in his session. NSS students actively participated in this event.

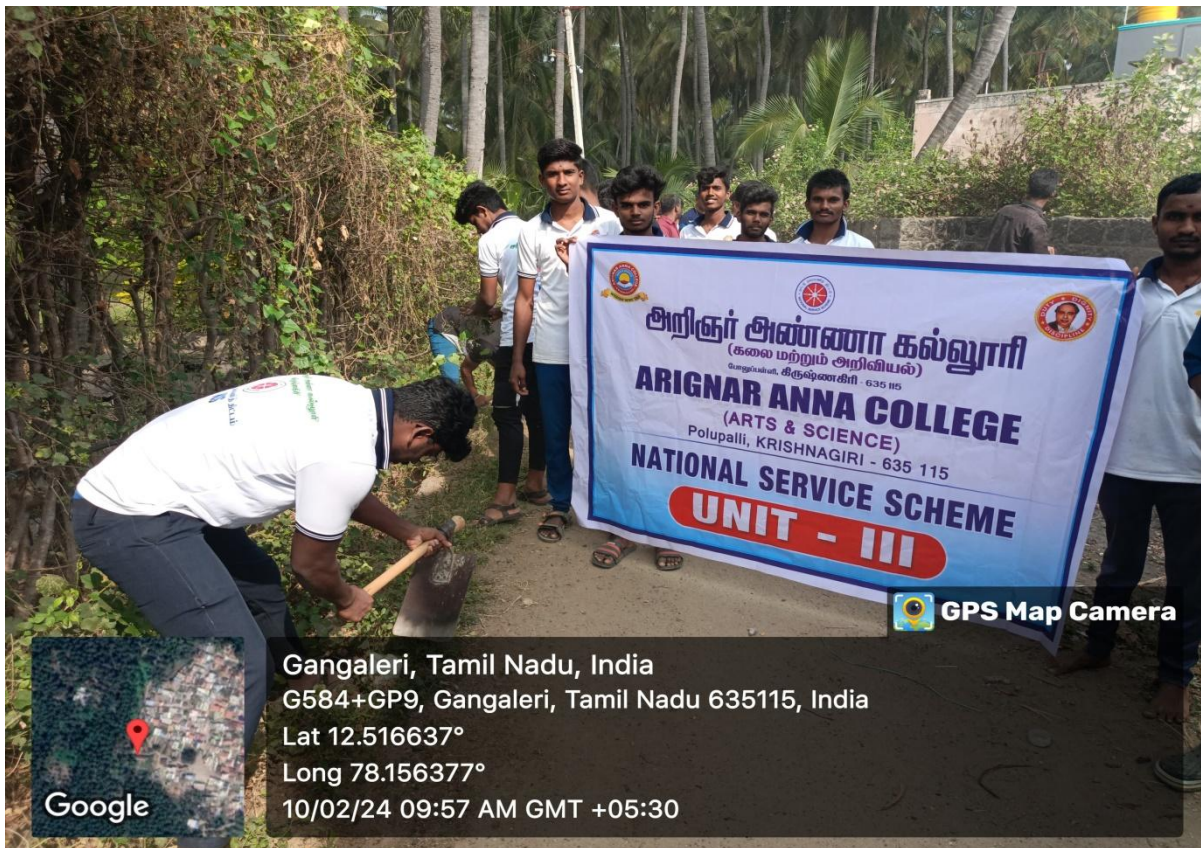
BEFORE CLEANING

DATE:10.02.2024

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DURING CLEANING



AFTER CLEANING



NSS volunteers take part into cleaning the bushes and plants around the Gangalerivillage lake and the bushes were removed on both sides of the village roads. The brambles and bushes on both sides of the roads were cleared and reconstructed by NSS volunteers.

Mr.Venkatesan, Librarian Honoured Mr. R. Kalaiyarasan, Branch

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Manager Veranda Race Coaching Institute Krishnagiri.

A special awareness orientation on state and central government exams given to Gangaleri village youth's by **Mr. R. Kalaiyarasan, Branch Manager Veranda Race Coaching Institute, Krishnagiri**. He explains how many competitive examinations conducted by state and central government every year. He also explains how to making the preparation for the competitive exams and getting success to get government jobs. NSS volunteers are getting aware about various competitive examinations during his session.

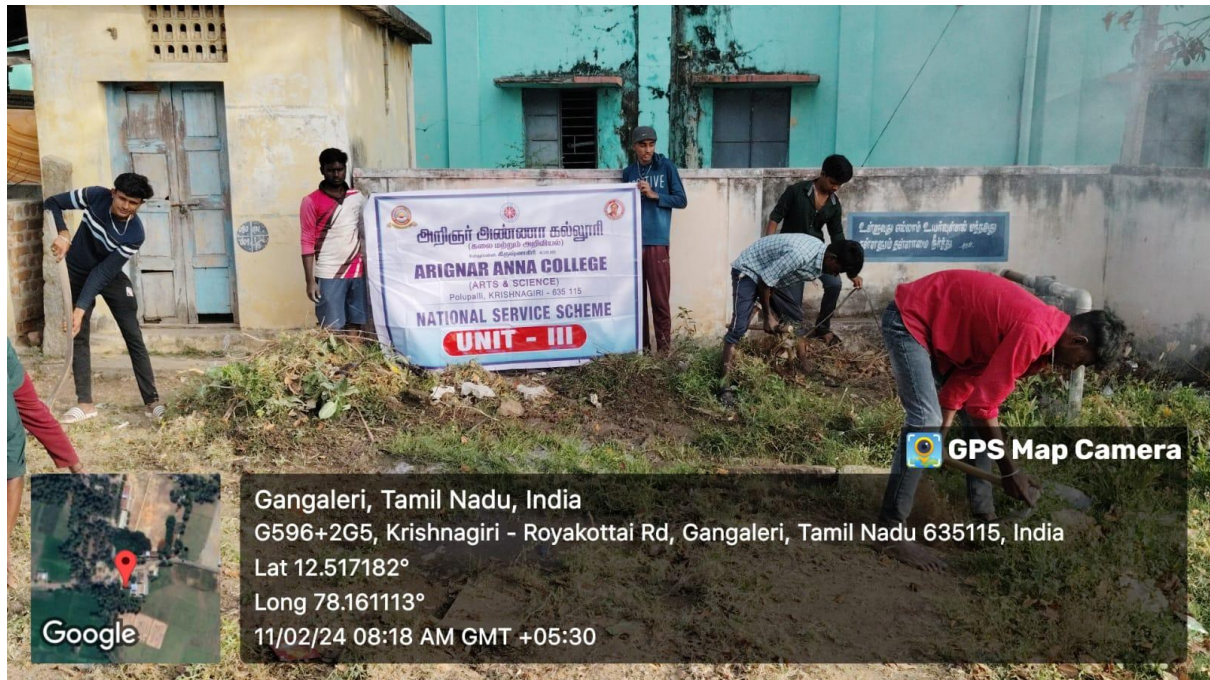
YOGA PERFORMED BY NSS STUDENTS

DATE:11.02.2024

PLACE:GANGALERI



NSS volunteers practiced and learned yoga to get mental and physical strength in daily life.



BEFORE CLEANING



DURING CLEANING



AFTER CLEANING

More than 300 Tree saplings were rehabilitated which planted in the last NSS camp at Gangaleri village. And this year during the NSS camp all the saplings were watered and trimmed. All saplings were well fenced and protected during this camp.

HIGHER EDUCATION AWARENESS PROGRAMME :Dr. V.RAVI ,
Head Department of Botany, Govt Mens College, Krishnagiri.

DATE:11.02.2024

PLACE:GANGALERI



Today I am here to deliver a speech about education. It is usually a belief that education is the foundation for all-round development. Life is based on development and that developing and growing is life. If we describe this view into the perspective of education, we can sum up that education is the all-round development of the individual's personality. As per the report of the Kothari Commission, "the destiny of India is being shaped in its classrooms." Education ingrain civic and social responsibility among everyone. India is a land of diversities. Therefore, in order to bring unity, education is a means for emotional integration. Education is a means of achieving a world of peace, justice, freedom, and equality for all. Thus, education is extremely necessary for all. No good life is possible without education. The main problems are finances. Rural-urban disparity due to illiteracy. Women's education, economic conditions of backward communities and non-availability of equipment are some other major problems.

SOCIAL AWARENESS DRAMA ALCOHOL BY NSS VOLUNTEERS

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Village peoples watching an awareness cultural program performed by our NSS students. On this occasion, a cultural show was carried out, which emphasised that people should be vigilant about hygienic environment. Volunteers put up their best talents in the cultural session with Song, Dance and Skit.

A ORATION ON CATTLE HUSBANDRY BY Dr.N.MUNIYAPPAN, M.V.Sc., Ph.D.,

DATE:12.02.2024

PLACE:GANGALERI



Dr.N.Muniyappan, M.V.Sc., Ph.D.,ChiefGuest honoured by Mr.Vijayanand PD.,

Veterinarian **Dr.N.Muniyappan** participated in Veterinary specialty camp and enlightened the rural people on how to take care of livestock. He also explained the waste generated from these animals can be used as natural manure to maintain soil fertility. He gives many tips to remain healthy and productive of livestock. On this Veterinary speciality camp he suggested the vaccinations to cattles to affect from illness and pneumonia. He suggested how to protect the cattles from rain, heat and cold.

**SAPLING TREE BY Dr.S.SATHISH M.Sc.,M.Phil.,Ph.D. PERIYAR
UNIVERSITY COORDINATOR**

DATE:12.02.2024

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The students, along with the teachers, agreed to plant trees in the village of Gangaleri. Various types of tree saplings, like peepal, cinnamon, neem, and eucalyptus, were planted in Gangaleri. Dr.Sathish explains the importance of different trees that were planted.

**SAPLING TREE BY Dr.S.DHANAPAL M.Sc.,M.Phil.,Ph.D. PRINCIPAL,
ARIGNAR ANNA COLLEGE (ARTS & SCIENCE),KRISHNAGIRI.**

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**Dr.S.SATHISH M.Sc.,M.Phil.,Ph.D. PERIYAR UNIVERSITY
COORDINATOR, GIVEN SPEECH ABOUT SAPLING THE PLANT
FOR NSS VOLUNTEER STUDENTS.**

DATE:12.02.2024

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We have our global Tree Plantation Day, which is observed on March 21st all over the world. The purpose of observing the said day is to make people aware of the importance of planting trees and to assist them in doing so. Planting saplings to invest in the future is a common practice on tree plantation days.

Because urban areas lack trees, they suffer from severe problems such as smog and polluted air. The “Tree Plantation” becomes a long-term solution to such problems. Vehicle exhaust, wood and coal combustion, factories and industries all emit hazardous pollutants and greenhouse gases into the atmosphere.

The Indian government is allocating funds through the Compensatory afforestation fund management and planning account (CAMPA) to carry out such massive “tree plantation” campaigns in both urban and rural areas. The Maharashtra government entered the coveted Limca Book of Records by conducting a massive "tree plantation" with the help of citizens and various Non-Governmental Organizations, planting 2.82 crore trees in a single day.

**A SPEECH ON DEVELOPING LEADERSHIP QUALITIES BY
S.S. SENTHIL STATE PRESIDENT, ASSOCIATION OF NON-SCHOOL
EDUCATION WORKERS, KRISHNAGIRI.**

DATE:13.02.2024

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A special speech on Developing Leadership by **S.S. Senthil, State President, Association of Non-School Education Workers, Krishnagiri**. In his speech he gives oration on “Developing leadership” and highlighted the need of leadership quality on every individual. A leader is the one who knows the path, shows the path and walks on the path. He noticed various leadership qualities to develop leadership in every individual.

STUDENTS SOCIAL AWARENESS

DATE:13.02.2024

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MSW Students giving awareness on Dowry System. It helps to take immediate intervention by informing the family or the local authority before it is too late. Help your daughter to become confident and independent rather than

treating her as a burden. Invest in her education, not in her marriage. Create awareness in your community against dowry. It's extremely vital now to reconstruct the social and cultural Practices of patriarchal societies. Considering the damaging consequences, it is time for all of us to stand up against this evil Practice. We must enhance the value of women in Indian Society. The social structure must grant women more power and freedom.

**A FREE MEDICAL CAMP BY NSS UNIT OF OUR COLLEGE IN
ASSOCIATION WITH ST.PETER'S MEDICAL COLLEGE HOSPITAL,
HOSUR.**

DATE:14.02.2024

PLACE:GANGALERI





A free medical health check-up camp was organized by NSS Unit in association with **St.Peter's Medical College and Hospital, Hosur**. The health camp was organized with the Objective providing free medical examination/check-up to the villagers of in and around Gangaleri.

CULTURAL EVENT BY NSS STUDENT ON DRUG ADDICTION

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During the camp every day a social awareness given through cultural events. NSS student giving awareness on drug addiction by dance.

BEFORE CLEANING WATER TANK



AFTER CLEANING WATERTANK



More than Fifteen Drinking Water Tanks with a capacity of 10,000 litres of water in and around Gangaleri village has undertaken by NSS volunteers for the cleaning activity. During this camp all the waters in water tank was removed and the drinking water tanks were cleaned with bleaching powder. After cleaning all the water tanks were filled with water. College Principal Dr.S.Dhanapal and Gangaleri village President Mr.M.L.Lakshmanan highly appreciated the work done by NSS volunteers.

